



PERMANENT MAKEUP PRE-PROCEDURE INSTRUCTIONS & INFORMATION

The first page of these instructions apply to ALL permanent makeup procedures.

Specifics relating to YOUR PROCEDURE are on the following pages.

Following these instructions will help you to have optimal results with your permanent makeup procedure.

Please read and follow these instructions carefully.

BEFORE ALL PERMANENT MAKEUP PROCEDURES

INFORM US OF ANY SERIOUS MEDICAL CONDITIONS

If you have any serious medical condition, you must inform us prior to your appointment.

It may be fine to proceed with your appointment, but we may require a written release from your treating physician.

AVOID BLOOD THINNERS

Prescription Blood Thinners, Anti-Coagulants, & Anti-Plaque Medication-

If you take prescription blood thinner, anti-coagulant or anti-plaque medication, please contact your physician to discuss discontinuing your medication for 3-5 days prior to your procedure.

Over-the-Counter Blood Thinners- Medications such as, aspirin, Advil® (Ibuprofen) promote thinning of the blood and should be avoided for at least 48 hours prior to your appointment.

Vitamin E Oil and Fish Oils- These supplements can thin the blood and should be avoided for at least 48 hours prior to your appointment.

Alcohol - Alcohol is a blood thinner and should be avoided for at least 48 hours prior to your appointment.

NO USE OF ACCUTANE WITHIN ONE YEAR

Accutane is a prescription drug used for acne. If it has been LESS THAN ONE YEAR since you have taken this medication, you are not eligible to receive any permanent makeup procedures.

DISCONTINUE USE OF RETIN-A, TRETINOIN, RETINOLS, AND GLYCOLIC ACID PRODUCTS

Please discontinue the use of these products in the area of your procedure for 7 days prior to your appointment.

MOLES, BUMPS, SKIN TAGS

If you have any moles, bumps, or skin tags in the procedure area, you may need to have them assessed by a dermatologist before receiving a permanent makeup procedure. For health reasons, permanent makeup cannot be applied directly to moles, bumps, or skin tags, but can be applied around them.

AVOID SCHEDULING YOUR APPOINTMENT IMMEDIATELY BEFORE OR DURING YOUR MENSTRUAL CYCLE

When you are premenstrual or currently menstruating, your skin tends to be more sensitive.

Although every effort will be made to make your procedure as comfortable as possible with the use of topical anesthetics, it is helpful to schedule your appointment so it does not fall right before or during your cycle..

PLAN FOR "HEALING TIME" AFTER YOUR APPOINTMENT

Although there is no "down time" required after your appointment, your skin will need adequate time to heal. You will want to avoid things such as, strenuous exercise, sun exposure, dirty environments, recreational water activities, etc. (please see our After-Care Instructions & Information form for more details). After your appointment, your permanent makeup will appear darker and more dramatic for the first 5-7 days following your procedure. You may also experience some mild-to-moderate swelling for 2-3 days (especially with eyeliner and lip procedures). This is normal and temporary, but you may feel slightly uncomfortable with your appearance. As such, you may want to schedule your appointment so that you avoid major social engagements the week after your procedure.

WHAT TO WEAR AND BRING TO YOUR APPOINTMENT

Please wear comfortable clothing to your appointment as most first-time procedures take approximately 90-120 minutes.

VISITORS & CHILDREN

Health and Hygiene Regulations do not allow for visitors (such as, family members, friends, or children) to be present in the procedure area in order to prevent the spread of contaminants. Due to the nature of our work, we are often fully booked and there is no room for visitors to wait for your appointment to be finished.

BEFORE BROW PROCEDURES

- Do not tint, wax, or tweeze your eyebrows within 48 hours of your appointment
- Avoid blood thinning medications/products as directed
- Discontinue any Retin-A or glycolic acid products as directed

BEFORE EYELINER PROCEDURES

- NO LASH EXTENSIONS may be worn during an eyeliner procedure. It is recommended that you have any lash extensions removed at least ONE WEEK PRIOR to your appointment to avoid any possible reaction to the removal solution. After your procedure, you can have lash extensions reapplied after 14 days. However, you may want to wait in the event you need a touch-up to your eyeliner procedure. Touch-up appointments are usually scheduled 4-6 weeks after your initial appointment.
- Discontinue the use of ALL EYELASH GROWTH ENHANCEMENT PRODUCTS, = for at least 30 DAYS prior to your appointment. Prescription and over-the-counter brand lash enhancement products can cause inflammation to the eyelid and lash line which is a medical contraindication for receiving eyeliner tattooing.
- If you have any medical conditions with your eyes that require monitoring by a physician, such as glaucoma, you must provide our office with written permission from your medical provider before you can receive eyeliner tattooing.
- Do not tint or perm your lashes within 48 hours of your appointment
- Avoid blood thinning medications/products as directed above.
- Discontinue any Retin-A or glycolic acid products as directed

BEFORE LIP PROCEDURES:

If you have EVER had a cold sore or "fever blister" (Herpes Simplex), you will need to be on PRESCRIPTION MEDICATION, to prevent an outbreak that could be caused by the over-stimulation of the lip tissue during the tattooing process. To obtain a prescription, contact your doctor. You MUST start the medication the day before your procedure and you MUST BRING THE MEDICATION WITH ITS PHARMACY LABEL SHOWING THE DATE to your appointment. THERE IS NO EXCEPTION TO THIS RULE. If you arrive to your appointment without the medication with its pharmacy label, your appointment will have to be rescheduled and you will be charged a "cancellation fee". Failure to disclose a history of cold sores or "fever blister" (Herpes Simplex) could result in an outbreak, which can lead to pigment loss at the site of the outbreak. Fees to recolor the area will have to be determined after the area is completely healed.

- Avoid blood thinning medications/products as directed
- Discontinue any Retin-A or glycolic acid products as directed

***CANCELLATION & MISSED APPOINTMENT POLICY:** Cancellations must be made at least 24 hours in advanced to avoid a cancellation fee. 50% of the procedure fee will charged for missed appointments.